

## EVENTS



Saturday 15 and Sunday 16 December

**Your Best Raw Self For 2008 With Karen Knowler**

Newmarket, Suffolk

The perfect pre-Christmas weekend treat and retreat, 16 hours of "playtime", two nights accommodation and five delicious raw meals. £229. For more information see [TheRawFoodCoach.com](http://TheRawFoodCoach.com)

Early 2008

**Bringing Alissa Cohen's Teaching Programme to Germany!**

As the first teacher of Alissa Cohen's "Living of Live Food" in Germany, Nelly Reinle-Carayon gives raw food preparation courses and workshops and runs a raw catering service. She also teaches and certifies others on Alissa Cohen's Certification courses (Level I and II). From the beginning of 2008 she will organize raw food events with a famous German raw food caterer. Visit her website at [www.rohkoestlich.com](http://www.rohkoestlich.com) or email her at [nelly@rohkoestlich.com](mailto:nelly@rohkoestlich.com).

Saturday 5 January

**Level 1 Living on Live Foods Chef Certification With Anna Marcon**

South London

11am to 3.30pm, £70

For more details and/or alternative dates contact [anna@therawlife.co.uk](mailto:anna@therawlife.co.uk), call 07939 531092 or see [therawlife.co.uk](http://therawlife.co.uk)

Sunday 27 January  
**Raw Food Workshop With Catherine Parker**

North London

10am to 4pm. Learn how to make easy, healthy and delicious raw vegan dishes. All food made is to be eaten on the day, so arrive hungry! Recipes available to take away with you. Menus at [rawteacher.com/catherineparker](http://rawteacher.com/catherineparker) For more information (including dates for further workshops) call 07734 294548, email [reallivingfood@yahoo.com](mailto:reallivingfood@yahoo.com) or see [cathparker.wordpress.com](http://cathparker.wordpress.com).

Saturday 2 February

**Raw Food For Beginners 1-Day Class With Karen Knowler**

Cambridgeshire

Now in its eighth year, Karen's most popular class is packed full of food demos and priceless tips, tools and information – perfect to get you started with raw foods, or re-inspire you. £70. For more information see [rawbeginnersclass.com](http://rawbeginnersclass.com)

Sunday 9 to Friday 14 March

**Karen Knowler's Raw Coach Training**

Cambridgeshire

Are you ready to turn your raw food passions into your dream vocation? This fully-residential 6-day training will give you all the knowledge you need to create a raw coaching business to suit YOU! £1,499 plus VAT For more information see [RawCoachTraining.com](http://RawCoachTraining.com)

Friday 21 to Sunday 23 March

**The Second Annual Raw Lifestyle Film Festival**

Los Angeles

An examination of what sustainability really means, from how we raise children, to the homes in which we live, to how we deal with illness

and how all this is reflected in how we feed ourselves, and the impact of that choice on all spheres of life on Earth. The film-makers whose films have been chosen will be on hand to answer your questions and offer their perspectives on why they believe their films were important to make. For further information visit [serenityspaces.org](http://serenityspaces.org) or call +1 310 854 2078.

Tuesday 25 March

**Life Force: An evening with Drs Brian and Anna Maria Clement**

London

This evening is a rare opportunity to hear the directors of the world-renowned Hippocrates Health Institute speak in the UK. For more information ring The Fresh Network on +44 845 833 7017. Full details to be posted soon at [fresh-network.com](http://fresh-network.com)

Late March 2008

**RAWQuest Experience**

Comox Valley, British Columbia, Canada

Featuring internationally acclaimed health educators and speakers, holistic practitioners and healers, workshops, demonstrations, exhibitors' booths and raw food! Full details to be announced in Spring 2008 issue of *Get Fresh!*. For more information contact [janette@zenzero.ca](mailto:janette@zenzero.ca)

Saturday 26 April to Friday 2 May

**Elaine Bruce – UK Centre for Living Foods**

Ludlow, Shropshire

Practitioner Training applications now invited for this course – closing date January 28. Designed to support you in presenting your own Living Foods workshops. Intensive practical training lasting one week (non-residential) and one weekend for the presentations and appraisal. See [livingfoods.co.uk](http://livingfoods.co.uk) for details and application form.

Saturday 31 May and Sunday 1 June

**6th Annual Bristol Vegan Fayre**

Ampitheatre & Waterfront Square, Central Bristol

Entertainment, education, inspiration and excellent shopping opportunities. Visit [bristolveganfayre.co.uk](http://bristolveganfayre.co.uk) or contact organisers Yaoh for more information: 0117 9239053 or [info@yaoh.co.uk](mailto:info@yaoh.co.uk)

Saturday 31 May and Sunday 1 June in Brungshof (near Düsseldorf)

Saturday 23 August and Sunday 24 August in Speyer (near Heidelberg)

**Rohvolution 2008, The Raw Food Event of the Year in Germany**

The first event of its kind in Germany for all who are interested in healthy raw food. Two days of raw food preparation demos, lectures, workshops and shopping opportunities. This event will be followed by a separate "Dinner - nouvelle cuisine crue" on Saturday evening. Exhibition space still available. For more information and booking see [rohvolution.eu](http://rohvolution.eu) or email [event@rohvolution.eu](mailto:event@rohvolution.eu)

Friday 12 September to Sunday 14 September

**Raw Spirit Festival 2008**

Sedona, Arizona

The world's largest raw vegan gathering, this year's event attracted hundreds of attendees, the biggest and best selection of vendors at any raw food festival ever, and featured lectures by many of the world's leading authorities on raw foods and holistic health. Check [rawspirit.com](http://rawspirit.com) for details of the 2008 festival and see pages 78-79 for our review of the 2007 Raw Spirit Festival.

To enquire about advertising your class, workshop, festival or other event in a future issue of *Get Fresh!*, contact [sarah@fresh-network.com](mailto:sarah@fresh-network.com) or ring +44 845 833 7017.